

5/27 NCC COY M.A.S.C College, Haunsbhavi

Fit India Campaign 2020

Order copy of Fit India Campaign

Telephone: 0836-2278304

No.612/G/Gen/NCC

All Tp/ Coy Commanders

27 Karnataka Bn NCC
Hubballi - 580031

21 Aug 2020

**GUIDELINES FOR CONDUCT OF ONLINE AWARENESS CAMPAIGN
ON FIT INDIA BY NCC**

1. "Fit India Youth Club" was launched on 15th August 2020 by Hon'ble MOS (I/C) for Youth Affairs and Sports. As part of this initiative, "Fit India Freedom Run" is to be conducted. The details of the run are as under:

(a) Volunteer NCC cadet to participate in Fit India Freedom Run. These cadets should request at least 5 participants to run / walk for Fit India Freedom Run. This should be conducted on any day with immediate effect till 02 Oct 2020.

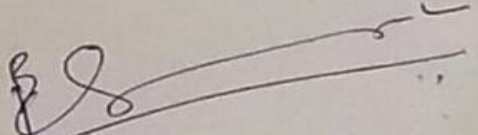
(b) The participant Cadets should :

- (i) Run a route of their choice, at time that suits them.
- (ii) To run at their own pace.
- (iii) Track Kms manually or by using any tracking app or GPS watch.
- (iv) Post their picture on social media with #Run4india.

2. Each ANO/C/T will compile the data of cadets who have participated in the run on daily basis and fwd it to this unit. These details will be further submitted to the nodal officer of Fit India movement for uploading the details on Fit India Portal by HQ DGNCC. The format for daily reporting is attached as Appx

3. For info and necessary action.

cls: As above


Lt Col
Adm Officer
27 Kar Bn NCC, Hubballi

Under the guideline of Online awareness campaign our college student was participated in various activities like Cycle riding, Running, Yoga, Walking., regarding these activities brief information given below;

Participated Students List

Sl. No	Reg. No	Rank	Name of the cadets	Activity	Remarks
01	KA/19/SDA/520788	CDT	RAGHUNANDAN R NADIGER	Cycle Ride	23K.m(p/d)
02	KA/18/SDA/520762	SGT	HUVAPPA H KUNCHAMMANAVAR	Running	2 K.m
03	KA/19/SDA/520777	CDT	VINAYAK B KUBASAD	Yoga	-
04	KA/18/SDA/520670	JUO	VEERESH G JOGONDAR	Walking	3 K.m
05	KA/18/SDA/520750	JUO	HARISH G BURADIKATTI	Running	2 K.m
06	KA/18/SDA/520658	CDT	SHASHIDHAR GAJER	Running	2 K.m
07	KA/18/SDA/520714	CDT	AIYAZHUSSAIN Z BYADGI	Cycle Ride	06K.m(p/d)
08	KA/19/SDA/520731	CDT	DHANUSH M NANDIHALLI	Running	2 K.m
09	KA/19/SDA/520734	CDT	DHARAMRAJ N GANGANAGOUDRA	Running	2 K.m
10	KA/19/SDA/520737	CDT	SATISHA L HARIJAN	Walking	3 K.m
11	KA/18/SWA/520708	JUO	SEEMAKOUSAR D HAVERI	Yoga	-
12	KA/18/SWA/520800	CDT	TANUJA B KUBASAD	Yoga, Running	-, 2 K.m
13	KA/18/SWA/520799	CDT	TANUJA M	Yoga	-
14	KA/18/SWA/520672	CDT	SUMA F BUDHIHAL	Running	2 K.m
16	KA/18/SWA/520705	CDT	ARPITA F BARKI	Walking	3 K.m
17	KA/18/SWA/520700	CDT	PAVITRA F BARKI	Walking	3 K.m
18	KA/18/SWA/520707	CDT	PRIYA P PATIL	Running	2 K.m
19	KA/18/SWA/520784	CDT	PREMA BELAGUTTI	Running	2 K.m
20	KA/19/SWA/520646	CDT	ROOPA V SUNKAPUR	Yoga	-
21	KA/19/SWA/520796	CDT	ROOPA N RAGER	Yoga	-
22	KA/18/SWA/520791	CDT	PRIYANKA S JADAR	Walking	3 K.m
23	KA/18/SWA/520706	CDT	ASHWINI	Walking	3 K.m
24	KA/18/SWA/520693	CDT	GEETA	Walking	3 K.m
25	KA/18/SWA/520697	CDT	LAKSHMI	Running	2 K.m
26	KA/18/SWA/520798	CDT	TANUJA	Running	2 K.m

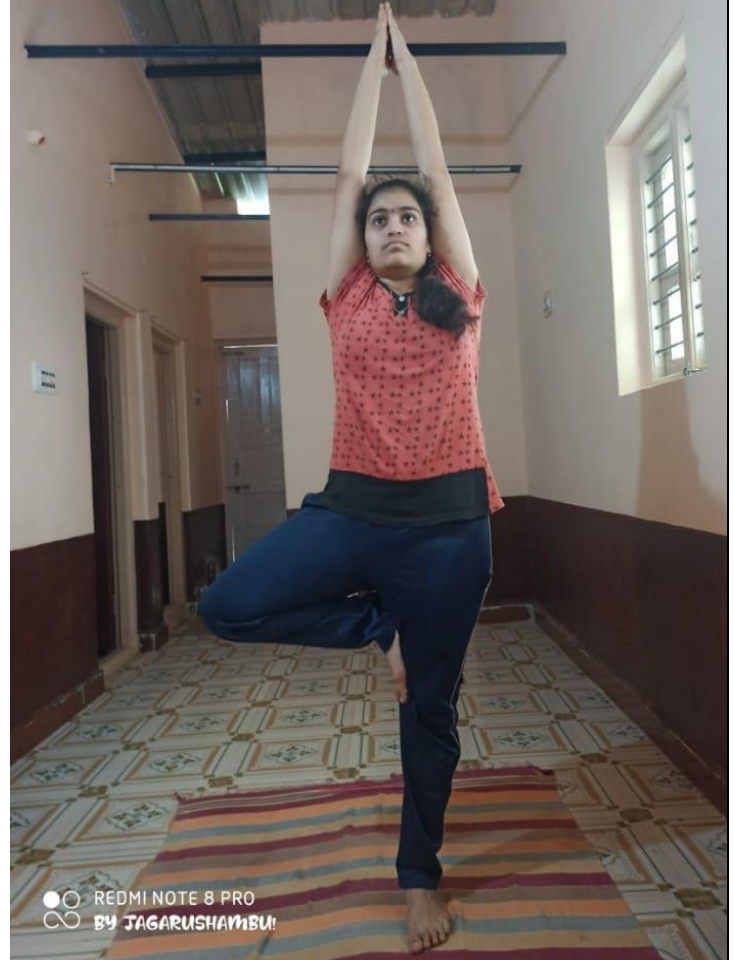
Sample Photos of NCC Cadets – Fit India Campaign 2020

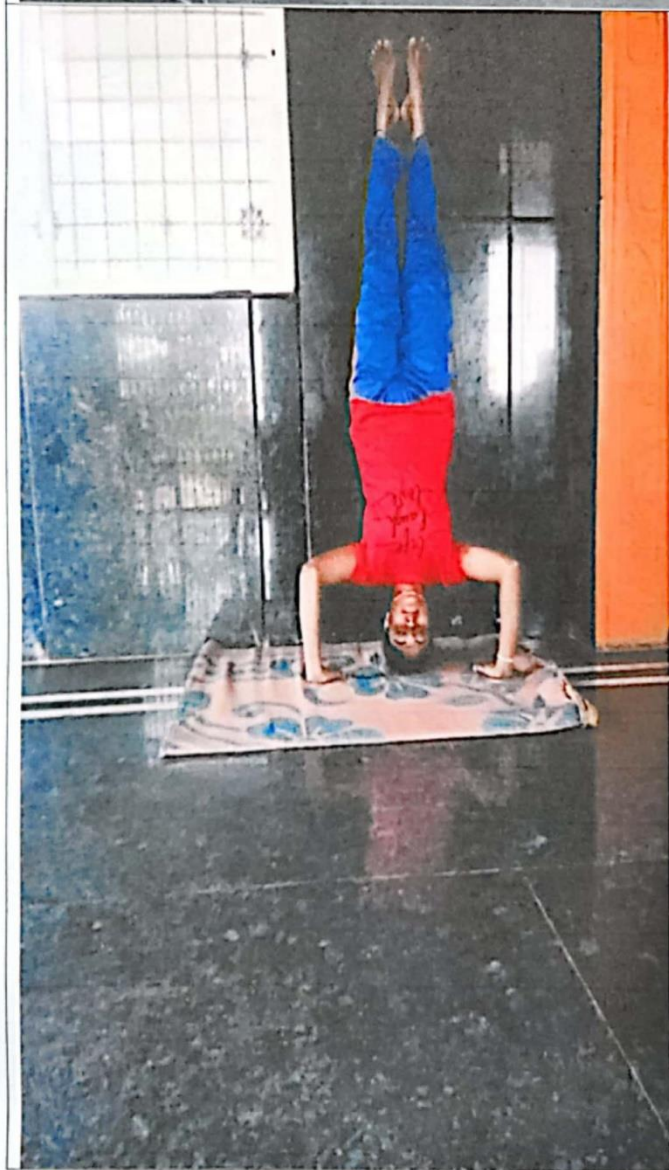


DHANURASANA



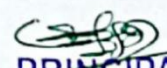
SOORYANAMASKARA






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